

	<b>What our 7<sup>th</sup> Tradition used for?</b>
	Rent
	Literature
	Intergroup Rep. expenses to IG meetings
	Representatives expenses to Region 8 Assembly
	Delegate expenses to WBSBC
	Services provided by our Intergroup
	Services provided by our Region 8 Board & Committees
	Services provided by our World Service Office
	Printing of meeting lists & "We Care" member lists
	Carrying the message - Twelfth Step Within / Public Information / Profession Outreach / Unity with Diversity ideas / New-letters / Abstinence Workshops / "Travelling Hopefuls" / IG Outreach / Website Assistance / STC workshops / Scholarships
	<b>Give as though you life depends upon it....</b>

<b>REGION 8</b>
The 7 <sup>th</sup> Tradition states:- <b><i>"Every OA Group ought to be fully self-supporting, declining outside contributions."</i></b>
As well as making sure that sufficient is put 'in the pot' each week - do we:-
Send a Group Rep. to IG meetings
Send a Representative to Region 8 Assembly
Consider the service provided by our Intergroup
Consider the service provided by our Region 8 Board & Committees
When there is an IG or Regional workshop - Do members of our group attend?
Does our Intergroup run regular workshops?
Will we consider a position in Intergroup?
Will we consider a position on the Region 8 Board?
Will we consider a position as a Committee Chair at IG or Region or the WSBC
Do we encourage our members to subscribe to Lifeline?
<b>Are we self-supporting in all our affairs?</b>