



Alabama
 Arkansas
 Florida
 Georgia
 Louisiana
 Mississippi
 North Carolina
 South Carolina
 Tennessee
 Puerto Rico
 South America
 Central America
 Caribbean Islands

**ADDENDUM TO PACKET FOR OA REGION 8 BUSINESS ASSEMBLY
 ST PETERSBURG, FL NOV 9-11, 2012**

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**There is also a PFD file to download that contains the Proposed New Budget.
 PLEASE DOWNLOAD IT AND BRING IT WITH YOU**

SOAR 8 Service Directory

SOAR 8 BOARD MEMBERS

CHAIRMAN

Gloria L.
721 Glen Eagle Dr.
Winter Springs FL 32708
407-340-2008
chair@oaregion8.org

VICE CHAIRMAN

Sander B.
3250 Indian Hills Dr.
Marietta GA
770-977-1235
Vicechair@oaregion8.org

TREASURER

Patti S.
Region 8 Treasurer
PO BOX 272081
Tampa FL 33688-2081
813-855-3239 or 813-494-6518
treasurer@oaregion8.org

SECRETARY

Janet T.
1184 Springview Run
Winter Park, FL 32792
407-310-2284
secretary@oaregion8.org

Parliamentarian

Gary D.
981 Ruth Avenue
Miami, FL 32250
904-704-7004
parliamentarian@oaregion8.org

Region 8 Trustee

Gerri H.
737 Baytree Drive
Titusville, FL 32780
407-921-7268
parliamentarian@oaregion8.org

SOAR 8 FUNDED COMMITTEE CHAIRS

12th Step Within Committee

Linda H.
10845 Shawnee Rd
St Petersburg FL 33708
727-394-7639
tswchair@oaregion8.org

Web Tech Committee

Burton T.
5441 DeLeon Ln
Elkton FL 32033
321-214-3446
webtechchair@oaregion8.org

Bylaws & Electronic Documents

MaryAnn S.
250 S. Estes Drive # 93
Chapel Hill, NC 27514
919-260-5693
Bylawschair@oaregion8.org

Intergroup Outreach (IGOR)

Betty S.
245 Pinewood Dr
Maitland FL 32751
407-491-4127
igorchair@oaregion8.org

Ways & Means

Katherine (Kat) M.
227 Castlewood Drive #202
North Palm Beach, FL 33408
561-578-2125
waysandmeans@oaregion8.org

Public

Information/Professional Outreach (PIPO)

Lonna Cohen
Address
Address
305-338-0433
pipochair@oaregion8.org

Unity In Diversity (UID)

Katherine G.
7724 Alki Lane
Knoxville, TN 37919
865-455-1651
Unitychair@oaregion8.org

OTHER SERVICE

POSTIONS

Region 8 Webmaster

Mary Jane W.
6065 60th St N
St Petersburg, FL 33709
(727) 954-7544
webmaster@oaregion8.org

TSW Email/Sponsor List

Claudia C.
1451 Wexford Dr S.
Palm Harbor FL 34683
sponsor@oaregion8.org

SPEAKERS LIST

Sima M.
172 Ryan Road
Benton LA 71006
Phone #
speakers@oaregion8.org

STEPS FOR FINDING MEETING NUMBER AT OA.ORG

Follow these steps to find your meeting number:

- Go to OA.org
- Place the cursor on “Meetings” on top menu, far right, and click
- Choose country (or enter your home address to find local meetings)
- Select state on next line, and then city on the next line
- Click search
- Scroll down to find your meeting
- Click on “Open Details” at left of meeting
- You will find your meeting number on the left and your Intergroup number and information on the right
- Make a note of your group number for future reference

Thanks!

Patti Schumacher
Region 8 Treasurer

GREEN DOT GLOSSARY

Alternate	Alternate rep, elected by service body to perform the rep's duties in the rep's absence
Board	SOAR 8 officers; Chair, Vice Chair, Secretary and Treasurer
BOT	Board of Trustees of Overeaters Anonymous Inc.
Certificate of Eligibility	Document submitted by each service body annually - listing all service body Regional Representatives and alternates. Required for eligibility to vote in Assemblies.
Delegate	a representative, elected and sponsored by their service body, to attend the WSBC
501(c) 3 organization	members who make donations to your group are eligible to take a tax deduction for their contributions
Friends of Rozanne	a way members of OA may refer to themselves in public settings such as meeting announcements on a Cruise ship or on a public bulletin board.
Funded Chair	A Chairperson for one of the committees in Region 8 whose expenses are reimbursed by Region 8
Green Dot	First time region representative
GST	General Service Trustee, member of Executive Committee of Overeaters Anonymous Inc.
IG	Intergroup
IGOR	Intergroup Outreach
National Language Service Board	A Service Body, like an Intergroup, but representing OA groups sharing a common language. May cross national boundaries or even Regions
Non-Profit Corporation	exempt from paying federal tax
P&P	Policy and Procedure Manual
Parliamentary Inquiry	Inquire as to the correct motion - to accomplish a desired result, or raise a point of order
Point of Privilege	Pertains to noise, personal comfort, etc. - may interrupt only if necessary!
PIPO	Public Information Professional Outreach

Prudent Reserve	An amount of money set aside to meet an organization's operating expenses in the event that contributions decrease. For example, in SOAR 8 the prudent reserve is 40 to 60% of the annual budget.
Question of Privilege	To bring an urgent request or a main motion relating to the rights of either the assembly or an individual up for immediate consideration. It may interrupt business.
Region Trustee	Ten members of the BOT who serve as liaisons between their regions and World Service
Rep	Region Representative, selected by an Intergroup or Service Body to attend a Region 8 Business Assembly, and not to be confused with a Delegate who attends WSBC sponsored by its Intergroup or service body.
Request for information	a request directed to the chair, or through the chair to another person, for information relevant to the business at hand
Service Body	An Intergroup, Service Board, National Language Service Board, or Region.
Service Board	A Service Body, like an Intergroup, representing OA groups in a specific country
SOAR 8	Southeastern Overeaters Anonymous Region 8
SOP	Strategic Operations Plan
Tax Exempt	exempt from paying state sales tax on purchases relating to your non-profit activities
TSW	Twelfth Step Within
UWD	Unity With Diversity
VST	Virtual Services Trustee - serves as a liaison between online and phone meetings/virtual service boards and World Service
WSC	World Service Convention
WSO	World Service Office, the business office of OA, with a paid office staff, located in Rio Rancho, New Mexico.
WSBC	World Service Business Conference, OA's annual business conference held in Albuquerque, N. M. and attended by Delegates from all over the world where the collective conscience of OA meets to do the business of OA.

END OF YEAR REPORT TWELVE STEP WITHIN COMMITTEE

Hi Everyone!

Another year has come and gone.....the Twelve Step Committee is working to promote Lifeline by:

- 1.Help carry the message of recovery in Region 8 through the promotion of Lifeline magazine.
- 2.Promote sale of Lifeline subscriptions.
- 3.Encourage members throughout Region 8 to submit articles and sharing to Lifeline.
- 4.Ensure that one (1) or more Lifeline displays will be provided for each SOAR 8 Business Assembly and Convention.
- 5.Contact all Intergroups during the time between assemblies and encourage having Lifeline representatives and designated downloaders at the intergroup and the group levels.

This year we created a survey to compile information about
Implement the survey and email to Region Reps to give the information out at the intergroups, then to be filtered down to meetings.

The survey was emailed to members in the states within Region 8
South America and Latin America will be emailed at a later date.

The information will be compiled and hopefully give the results at the Nov. SOAR8.

Linda Hartman, *Region 8 TSW Committee Chair*

COMING IN 2013: “THE YEAR OF ABSTINENCE AWARENESS”

SOAR 8 – St. Pete Beach, Florida NOVEMBER 9, 2012

AGENDA (revised 10.31.2012)

FRIDAY, November 9, 2012

8AM-9AM Informal gathering of Board –please feel free to bring Breakfast

9AM -Board Meeting Convenes

Old Business

1. Topics for March 2013 Memphis Assembly for Presentation and Discussion (VC)

1. GAS (God, Abstinence, and Service) - which is our theme for the weekend
 2. Relapse Recovery
 3. Action Plan
 4. Higher Power
2. Technology Workshop for Board and/or Assembly—Set for Nov 2012? Plan for March? What topics?
3. WSBC Delegate Green Dot Mentor/Education prior to Conference: implementation of ideas from July Board Meeting. Getting more Reps to Region as a prerequisite to WSBC/expansion of Green Dot Mentor Program?
4. Delegate Support Fund-new process and implementation/AD HOC Committee (Gerri and Sander)/motion for March?
5. STC Workshops-delegate the process of scheduling etc-better dissemination of information and better tracking, replying to requests, volunteers?
6. Prepare for Forum: Return of the Magnificent Seven
7. PASS IT ON: What can we do as a Board to help each other in our recovery?

New Business

1. Travel fund: for March Assembly-create new process/motion of awarding funds, criteria, time lines (IGOR guidelines?) volunteer? Change Name of Travel Fund to carry the Message? Need Assembly Vote?
2. OA's Action Plan Portion of Strategic Operations Plan –August 2012 Updates-how to implement and get Committee Chairs Involved
3. Resignation of IGOR Chair
4. Web site clean up re inconsistent versions of documents and forms: Who and How to?
5. COMMITTEE CHAIRS: how to help? Mentors?
6. Committees work product and dissemination of information-Board to review?
7. Other new business?

Lunch

12 noon Break for lunch

Reconvene

2:00 p.m. Board Meeting Reconvenes

Funded Committee Chairs join Board Meeting (Check in & update on Committee issues & activities, questions, concerns, issues)

4:00 p.m. Meeting Adjourned

APPLICATION FOR
REGION 8 DELEGATE TO THE WSBC

Name **Pedro Nel Guarín García** Intergroup _____

Address **Calle 46 No 47-28 edificio La Ceiba Medellín - Colombia**

Phone # **(574) 2519408** Email pedroguarin25@gmail.com secreoa@gmail.com

OA Start Date **12 -05- 1996** Abstinance Date **23-10-2008**

Number of years of service above the group level **16** years

What year did your Intergroup last send a delegate to WSBC? **2010**

1. Brief account of your OA story.

Fueron más de 30 años sufriendo, investigando, haciendo ensayos, nadando, trotando, montando en bicicleta, haciendo dietas, vegetariano por cinco penosos años, una doble vida a nivel espiritual, emocional, mi vida se centró en la comida y no me dejó crecer, saliendo con una personalidad neurótica, imponente, arrogante, pero en el fondo era un niño bueno con ganas de vivir con la felicidad de toda persona normal.

En oa encontré la verdad sobre mi situación, mi enfermedad física, mental y espiritual, pero también encontré una familia, una comunidad y unos principios que me proyectan a una vida nueva con amor.

Pedro

2. Summary of OA service.

Tengo 16 años en la comunidad de Colombia y siempre he prestado servicio partiendo del grupo, Intergroup, Junta de Servicios Generales y a nivel internacional representando la comunidad en la Región 8.

He colaborado en todos los eventos y varias asambleas de OA Colombia y quiero participar en un servicio que pase las fronteras de mi país

Usualmente he asistido a los eventos realizados en Venezuela, también asistí a las Convenciones mundiales en Dallas, Los Ángeles, Orlando y Miami.

3. Why do you want to be a Region 8 delegate to the next WSBC?

Quiero ir a conocer, ver y aprender de la reunión mundial de servicio para tener más conocimiento, experiencia y saber cómo se manejan las cosas a un nivel más universal, para servirle a la Región 8 por la parte del mundo del español.

APPLICATION FOR REGION 8 DELEGATE TO THE WSBC

Name _SARAH GANITSKY

Intergroup __JSG COLOMBIA

Address _KMT 11, POSTE 178 MIRADOR DEL LAGO, CASA 30, VIA LA CALERA, CUNDINAMARCA, COLOMBIA

Phone # _011 57 18609152

Email sarahganitsky@yahoo.com

OA Start Date _JULY 20TH 2005_ Abstinence Date _NOVEMBER 7TH 2011__

Number of years of service above the group level _5_____ years

What year did your Intergroup last send a delegate to WSBC? _2009_____

1. Brief account of your OA story.

I'm a compulsive eater since my teens. When I was 10 I started to gain weight and at thirteen my mom took me to an endocrinologist to lose weight. I was overweight at the time of 8 kilos (16 pounds), and at the end of the year when I went with boys of the same age on a trip, having lost weight over the 8 kilos, I arrived with about 16 kilos (35 pounds) of weight. I don't remember how many doctors I visited, how many nutritionists, and how many systems to lose weight I tried and do not remember how many times I get to my weight and got back.

At age 40, I was in my healthy weight and decided, years later, to quit from smoking. Two years after quitting, I reached my maximum weight: 80 Kilos (176 pounds). I met OA by my family and by groups in other countries. However, at first, I was couldn't connect my self . It was after being convinced that it was not extreme dieting, to losing weight quickly, I decided to try OA in 2005, in July.

My reaction to the first meeting was to cry and confess in front of many people that I was a slave of food. Since then, I am in the program and, perhaps, after 3 years I began to think it was the only rational way to reach a stable healthy weight and eating in a proper and healthy way. Later I realized that I can not make my program as I think. I have to follow the principles that OA indicates in the recovery program and I have to go into the 12 steps and improve my life in all its aspects to have not only a better figure but, to enjoy life. I have 1 Year of continuous abstinence, I began in November 7, 2011 after the Assembly and Convention in Medellin Region 8, before it I had lost 5 kilos (10 pounds) and then I lost 11 kilos (24 pounds) more. Just for today I have lost 16 Kilos (35 pounds) in total and I'm still working to achieve healthy weight and be a better person.

2. Summary of OA service.

I started OA in the meetings of the group “Caminando” in the city of Bogotá in 2005. At this time I just attended meetings and read the literature to get familiar with the program. In 2007, I began to assist to “Torcoroma” group, that was a new group. In my opinion this group needed servers. In that same year, I volunteered as treasurer of this group and I worked in the service for a year. I was chosen as representative of this group to Intergroup of Bogotá, where I was for six months, because this service body was dissolved. In late 2008 I took the initiative to rebuild the Intergroup of Bogota and was elected chair. I am there since then and the next January, according to our bylaws, I will finish this service.

In 2008, I attended the JSG Assembly of Colombia, and was elected as a delegate. My period had to end this year in February, but was re-elected for two more years. As Delegate of the JSG of Colombia, I traveled to the convention and Assembly of Region 8 in Tampa. And I went to Albuquerque in 2009. In 2010, I traveled to the Los Angeles Convention in August and in November I attended the Assembly and Convention in Orlando where we ask that Medellín was to become the place for the next Assembly and Region 8 Convention to be held in November 2011.

Currently, I'm still the JSG Delegate of Colombia. I have participated in committees of unity with diversity, both in Region 8 and in Albuquerque. I want to create the committee of Spanish translations in Spanish-speaking countries of region 8.

3. Why do you want to be a Region 8 delegate to the next WSBC?

I want to go to Albuquerque as JSG representative of Colombia for the following reasons:

I'm more qualified than before to listen and transmit to my OA fellows in Colombia such an important experience.

Because Colombia is sponsoring Dominican Republic and Ecuador in their process of structuring and becoming a strong organization. I am the chair of this program and I want to transmit my experience in Albuquerque 2013 to these countries.

I believe that the committee of translations of Spanish-speaking countries will exist and I believe that personal contact with other servers of Latin America and Spain in Albuquerque can bring many benefits.

I want to keep up with the changes and amendments that are accomplished in Albuquerque to better understand the process of change in our organization and be able to transmit to Colombia and other Latin America Countries.